

## Åndelig autoritet i ens eget liv

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Charles H. Kraft og hans kollega Mark White har laga en liste på 10 forslag til hvordan man kan stå imot satanisk aktivitet i ens eget liv. Det er en liste til ettertanke - og som utfordrer en "vanlig" lutheraner som meg selv til igjen å gjennomtenkte mitt perspektiv på den åndelige siden av livet:

- **Always be alert.** Without becoming paranoid or mentioning spiritual warfare to any but those who understand, keep your spiritual eyes open to enemy activity. He likes to focus our attention on lies about ourselves and others and to disrupt relationships with others and with ourselves. Talk a lot to God about these things, claim His protection regularly and use your authority to plunder the enemy kingdom.
- **Respond in love if Satan uses someone to attack you.** The enemy is the enemy, not the people he sucks into his operations.
- **Respond i prayer.** Don't panic. Invite the Holy Spirit immediately into every volatile or potentially volatile situation. Use tongues if you have that gift.
- **Do not fear.** Remember, there is nothing that can separate you from His love. You can trust this. Respond to the situation remembering this as a foundation.
- **Be submissive to God.** The power for fighting lies in the place of reverent obedience to the Father.
- **Rebuke the enemy with confidence and boldness.** Remember, the infinite power of God is on your side, and Satan's primary weapon is not power but bluff. Call his bluff and bring the love and power of Christ to bear on the situation.
- **Ask the Holy Spirit to reveal any spiritual strongholds in you that need to be broken, and any activity or attitude in your life that may be inviting the spiritual attack.** Repent of any known sin and respond in forgiveness toward any person the Holy Spirit brings to your mind. When you find anything within yourself that you cannot take care of alone, seek others who know how to minister God's power, and work with them to get free.
- **Read Scripture aloud.**
- **Worship.** Play worship music. The enemy does not like to hear Jesus glorified.
- **If physical and emotional stress is involved, as it often is, do the natural things to reduce the problem.** Take a nap. Rest. Eat a good meal. Take a hot bath. Bless yourself. Bless your head, your mind, your heart, whatever part of your body is tired or in pain.

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**Kilde:** Kraft, C. H.: "I give you authority. Practicing the authority Jesus gave us."



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